



PCA News

December 4th, 2019

Quality Speakers for National Safety Conference for Horse Sports

One of the keynote speakers at the ground-breaking National Safety Conference for all horse sports is Equestrian Australia's National Safety Officer, Roger Kane. With Roger's leadership and guidance, EA has been identifying, prioritising and implementing initiatives to improve safety across equestrian sport.

Equestrian Australia has also come on board as a conference sponsor. "Equestrian Australia is committed to being a world leader in Equestrian risk management and safety and welcomes the opportunity to support this forum and join with Pony Club Australia and HRCav to share ideas to achieve that goal," EA CEO Lucy Warhurst said.

As well as several high profile guest speakers, there will be panel discussion sessions with industry experts on topics including safety of courses and gear, First Aid at events and grading riders for competition.

Saturday February 1, 2020—Safety Conference
Sunday February 2, 2020—Pony Club Workshop
Caroline Springs, Melbourne.

Program and bookings:

<http://www.ponyclubaustralia.com.au/Events/NationalSafetyConferenceforhorsesports.aspx>

The conference is designed for all those involved in horse sports - decision makers, coaches, officials and participants.

Attendees will have the chance to hear about current research and learn what rider and horse safety changes are being made already or are under consideration.

The following day is a workshop for Pony Club members only.



Roger Kane

No pony? No problem!

Do you have friends who always wanted to join Pony Club like you but haven't had a horse or pony? PCA is introducing a program for riders of all ages, who don't have a horse of their own.



PCA has just accredited the first batch of riding centres, who will deliver Pony Club to riders who don't have their own horse. These riders will be able to work their way through the syllabus and gain certificates like normal Pony Club members. If they go ahead and get their own pony, they will then join a regular Pony Club.

Nationals Survey

Did you attend the PCA National Championships this year - as a rider, spectator, coach, manager or volunteer?

Please do a quick survey to help us continue to improve this important biennial event.



<https://www.surveymonkey.com/r/PCA-Nationals-2019>

Pony Club Australia

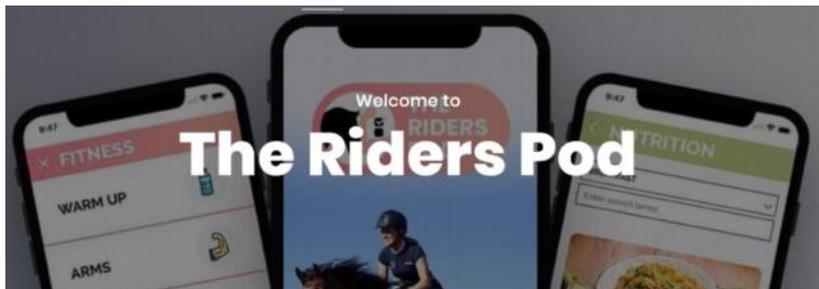
info@ponyclubaustralia.com.au

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New App to Help with Fitness



The Riders Pod

Pony Club Australia has announced a partnership with a new mobile phone app, called 'The Riders Pod' – created by a rider, for riders – with weekly exercises for riders, recipes, calendar and more.

Pony Club members (all membership types) are eligible for a discount (20 or 30 per cent). We know riders and their families have many commitments into which Pony Club rallies and competitions fit, and we hope this will help some members.

One of the creators is Hannah Basetti, a member of Riddells Creek Pony Club in Victoria. Hannah has worked on the app with Sarah-Jane Ross, a qualified fitness trainer and physical education teacher, and dieticians who are also 'horsey'. "We have a range of workouts and our meals are simple yet delicious, full of goodness and dietician approved," Hannah said.

"We have added a planner so you never forget an event, plus interactive goal setting and result tracking so you can be the best version of your best self."

The Riders Pod app is available for iPhone and Android. All Pony Club members need to do is:

- Download 'The Riders Pod' app
- Sign up. You will be directed to the promotion / discount section
- Apply the discount code (PCA20 for a monthly discount, PCA30 when you sign up for 12 months)
- Add your Pony Club membership number where indicated
- Enjoy the benefits!

#theriderspod @theriderspod



Bits and Pieces



International group meets in Australia

Pony Club Australia will host the 2020 meeting of the Pony Club International Alliance.

The PCIA is made up of the 'Pony Club countries' - UK, USA, Canada, Ireland, NZ, Hong Kong and Australia - and this will be the first time the group has met in Australia.

Delegates from the seven member countries get together every two years, to share information across the international Pony Club network and manage international competitions. It has seen the growth of disciplines such as Tetrathlon and Quiz by providing more international opportunities for Australian riders and coaches.

Pony Club Australia sends around six team overseas each year for showjumping, tetrathlon and quiz events.

Nationals 2021 venue announced

Pony Club Victoria is hosting the 2021 National Championships, and recently announced the venue will be the Benalla Equestrian Reserve home of Benalla Pony Club.

Congratulations Luke

Pony Clubber Luke Kirby 12, of Woodend (Vic) has received a Sport Access Foundation's 2019 Harvey Heroes \$250 grant. The money will buy Luke a new safety riding helmet.

Luke's mum Andrea Kirby said, "Pony Club gives Luke his independence and has helped him grow in confidence. Special thanks to Sport Access Foundation for helping these special children reach their sporting goals, and to Pony Club Australia for having the PCA exemption cards so Luke and other special children can compete and have fun with other children and their ponies. It's been amazing for Luke's confidence and social skills."

(See Sports Access Foundation Facebook page)



Around the Clubs

A Taste of Polocrosse

Pony Club provides opportunities for members to participate in a diverse range of disciplines. Check out these talented riders who participated in the recent Chukka Champs (hosted by Midlands Pony Club, Tasmania). We hear they all trained hard, coached and supported by skilled polocrosse coaches. 'A' division was the older riders and riders with polocrosse experience. 'B' division was younger riders and riders having their first go at polocrosse.

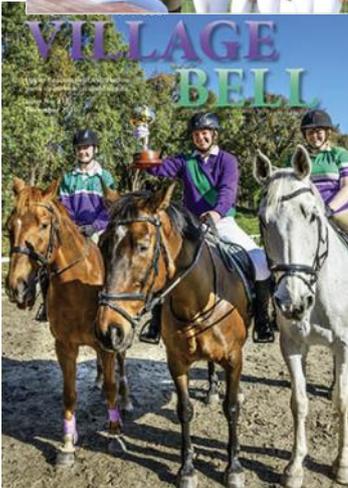
Is your club keen to try polocrosse? Make sure you read about the Discipline of the Month coming in 2020! (See Page 4)



(Photos supplied by Pony Club Tasmania)



Melbourne Cup Makes it to Upper Beaconsfield



Photos: Pakenham Gazette, Village Bell community news, and Upper Beaconsfield Pony Club.

When Helen Colliver applied to have the Melbourne Cup visit Upper Beaconsfield Pony Club (Vic) on its round Australia tour this year, she wasn't hopeful. But, the Cup and its entourage came. Club members had the chance to parade in the Pakenham Racecourse mounting yard prior to race one.

The video link below also shows Crossword the Shetland from Upper Beaconsfield Pony Club attending the Lexus cocktail party a couple of days prior to the Cup visiting the Pony Club.

<https://spaces.hightail.com/receive/S8L2Hm8n1H/Y2VvQHbVbnlijbHViYXVzdHJhbGhhLm-NvbS5hdQ==>

So, next year, perhaps your Club might consider inviting the Melbourne Cup to town!

Discipline of the Month

Part of the fun and learning of Pony Club is trying new things— or learning new skills for a discipline you know.

In 2020 Pony Club Australia will be lending a hand by sending out lesson plans and activity suggestions from experts in different disciplines, for use by Clubs if they wish.

The full list will be available in early January.

Photo: Horsham Pony Club , KM Beckett.



Are you about to start work on a new certificate?

The new certificate manuals are for sale from the shop on MyPonyClub. Order your copy before Christmas and start reading over the school holidays!



Have you asked your local Mitsubishi dealer about the Pony Club discount?



We are grateful for the support of national sponsors. The Australian Government through Sport Australia recognises Pony Club Australia to develop Pony Club in Australia. The financial support of Sport Australia is gratefully acknowledged.

SPORTAUS

